

Sergio Simões' Daily Routine No.1

1 ♩ = 60

Exercise 1 consists of four staves of bass clef music in 4/4 time. The tempo is marked as ♩ = 60. The notation includes various rhythmic patterns, such as eighth and sixteenth notes, and rests. The first two staves have a tempo of ♩ = 60. The notation features a mix of 4/4 and 2/4 time signatures, with various rhythmic patterns including eighth and sixteenth notes, and rests.

2 $\text{♩} = 60$

Exercise 2 is a single staff of bass clef music in 6/4 time. The tempo is marked as ♩ = 60. The exercise features a glissando and several triplets.

3 $\text{♩} = 60$

Exercise 3 is a single staff of bass clef music in 4/4 time. The tempo is marked as ♩ = 60. The exercise features a series of eighth notes with accents.

4 $\text{♩} = 80$

Exercise 4 is a single staff of bass clef music in 4/4 time. The tempo is marked as ♩ = 80. The exercise features a series of eighth notes with dynamic markings of forte (*f*) and piano (*p*).

5 $\text{♩} = 120$

Exercise 5 consists of two staves of bass clef music in 4/4 time. The tempo is marked as ♩ = 120. The exercise features a series of eighth notes with dynamic markings of forte (*f*) and piano (*p*).

6

♩ = 200

Musical notation for exercise 6, bass clef, 12/8 time signature. The exercise features a complex rhythmic pattern with triplets and slurs.

7

♩ = 70

Musical notation for exercise 7, bass clef, 4/4 time signature. The exercise features a steady eighth-note pattern with triplet markings.

8

♩ = 112

Musical notation for exercise 8, bass clef, 4/4 time signature. The exercise features a fast eighth-note pattern.

9

♩ = 100

Musical notation for exercise 9, bass clef, 4/4 time signature. The exercise features a steady eighth-note pattern across four staves.

10

♩ = 108

Musical notation for exercise 10, bass clef, 4/4 time signature. The exercise features a steady eighth-note pattern with a 3/4 time signature change.

11

$\text{♩} = 80$

1x. legato, 2x. staccato

12

$\text{♩} = 100$

13

$\text{♩} = 88$

3 3 3 3

TTK TKTK

6 6 6 6

14

$\text{♩} = 90$

ff

15

$\text{♩} = 60$

pppp